**About us**

PERU TERRA EXPEDITIONS originated in 2013 by simple means, but with a clear idea to provide real professional and top quality services for adventure trips, cultural, and jungle expeditions, in Cusco and throughout Peru. We are a serious travel agency that specializes in planning a wide range of expeditions and most importantly we are Peruvians. At PERU TERRA EXPEDITIONS, we are dedicated to providing travelers with the best possible experience.

Our tours also help local communities by providing a source of employment and our guides are committed to caring for the surrounding natural environment. By joining us on an excursion, you will participate in this process, forging a strategic alliance with local people, learning more about their culture and helping to sustain this way of life.

The professional **PERU TERRA EXPEDITIONS** staff attends annual qualification courses in customer service, safety, first aid, foreign languages and other referral fields with our activity.

Proprietor, general manager and founder of **PERU TERRA EXPEDITIONS**, has been active in the tourism industry since his early teenage years.

We offer many different activities for your enjoyment:

**CULTURAL TOURS**

1. **CITY TOUR**

City Tour Cusco is a beautiful city and surrounding houses archaeological remains of great importance which should not fail to visit the fortress of Sacsayhuaman is one of the most significant archaeological legacies of the city of Cusco because of its huge building, comprising huge stone blocks. It is said that this construction lasted more than 50 years and more than 20,000 men were used to build it.

Time: 4:30 am approximately

Type: Traditional

Period: All the days are travel

**DEPARTURES:** Every day from 1:30 pm to 6:30 pm

**Itinerary**

This tour begins with picking up the visitors at their hotels to visit the following religious and archaeological sites:

**QORIKANCHA:** Religious center known as the Temple of the Sun which excellent in outstanding engineering in its construction.

**SACSAYHUAMAN:** Located 3 kms. From Cusco an impressive fortress built with massive stones and excellent Architecture.

**QENQO:** Ceremonial Center where rituals and sacrifices were held.

**PUCAPUCARA:** Ancient post used for vigilance on the way to Inca Paths.

**TAMBOMACHAY:** Located 7 km. from Cusco, a ceremonial center to worship water, known traditionally as the “place of waters."

**IT INCLUDED IN CUSCO CITY TOURS:**

Transfer HOTEL

Professional bilingual guide

Tourist transport

**NOT INCLUDED IN CUSCO CITY TOURS:**

Touristic Tiket

**RECOMMENDATIONS FOR CITY TOURS CUSCO:**

Carry your passport at all times

Sunscreen

Sunglasses

Student card if available

Rain poncho during the rainy season

**2. - SACRED VALLEY**

This tour is recommended because it is unique in the circuit can appreciate the majestic and wonderful fertile landscapes with meandering sacred river “Vilcanota” visit the craft markets and guided tours of the 3 most important archaeological sites in the Sacred Valley of the Incas visits.

The Sacred Valley is located 27 km (1 h) to the northeast of Cusco by a paved road in good condition. This valley stretches along the Vilcanota (the same as downstream takes the name of Urubamba or Willcamayu) river. It covers the area between the towns of Pisac and Ollantaytambo.

**Duration:** 1 day

**Type**: Traditional

**Period**: All the days are travel

**Itinerary**

**Sacred Valley of the Incas 9am – 7pm:**

8:30 a.m. will pick you up from your hotel to board our bus to bring you to the picturesque village of Pisac and then to the ruins where guided tour will also have time to visit the craft market. Urubamba where we continue to enjoy the buffet lunch and continue until Ollantantaytambo guided tour and finally the tour will visit Chinchero very old and typical artisan market where the inhabitants of the communities still maintain the custom of barter.

**Places to visit the Sacred Valley of the Incas:**

**Pisac ruins and handicraft market:** Picturesque town and important archaeological site located 30 km (1 h) to the northeast of Cusco by asphalted road. Pisac, which is the gateway to the Sacred Valley of Urubamba, has an “old town” (archaeological site considered one of the most beautiful monumental Inca) and a “modern village” of colonial origin. To access the “old town” or archaeological site, which was one of the most important fortresses built to guard the imperial capital of attacks or anti settlers in the Amazon region, it is necessary to ascend a hill (on foot, of the Pisaqa, or road sector, through the top of the valley Canchisracay Chongos) on whose slopes there is one of the most spectacular terraces in the area. The site of Pisac is what scholars call a typical strategic enclave pucara or fortress for the defense of a vast populated area. It is possible to find splendid walls (comparable to the Koricancha, in Cusco), some towers, Intihuatana or sundial (in Quechua, “where the sun is tied”) and several enclosures and tanks built of stones finely carved.

**Urubamba (lunch):** Town of Inca origin located 69 km (1 h 15 min) to the northeast of Cusco via Pisac and 57 km (45 min), via Chinchero. Its name would derive from the Aymara and Uru Bamba voices, meaning “pampa day to day.” It is located in the heart of the Urubamba Valley, surrounded by the landscape of the Chicón and picturesque countryside same. He was one of the main agricultural centers of the Inca empire. In its place there is an interesting colonial church. It has several hotels and lodges, besides the famous and crowded taverns and rural restaurants. In recent years they have proliferated in the vicinity eco lodges or rustic lodges operated by local or foreign, and where the possibility is offering the traveler to participate in making crafts or agricultural work (we recommend Yuyarisun Cultural Center, 3 from the village, owned by a singular Cusco-German couple). A 6 km NW of the town is Tarabamba, and 3 km later, climbing a bridle path to cross the river and goes to the left, the spectacular salt mines of Maras worked since the Incas.

**Ollantaytambo ruins** Is an attractive town of Inca origin located in the western end of the Sacred Valley of Urubamba, 78 km (1 h 30 min) to the northeast of Cusco by asphalted road. Named after the famous legend about the rebel general Ollantay. Both its design as the basis of most of its buildings are to the original alignment (llaqta) from the time the Inca (the Inca streets still keep their names), during which he was a strategic military, religious and agricultural center. Are remarkable cobblestone streets, canals and the temple dedicated to St. James, built in 1620. In the upper part an impressive ceremonial center of worship of water and a fortress that guarded the access to the bottom of the valley and protected it from rising the possible invasion of the jungle ethnic groups (so-called anti). The archaeological site comprises a series of superimposed terraces, which is accessed via a steep staircase. Are admirable large stone blocks finely carved from the upper terrace (Temple of the Sun).

**Chincheros typical market:** Town of Inca origin 30 km (45 min) N of Cusco by asphalted road. Guarded by the imposing snowy Chicon (5530 m) and spectacular views of the Vilcabamba and Vilcanota mountain ranges. Its name would derive from the Quechua word sinchi, meaning ‘brave man’. It presented in its main square a huge Inca wall with ten large trapezoidal niches in perfect condition, and one of the churches.

**Included:**

Transfer HOTEL

Professional bilingual guide

Private tourist transportation

Buffet lunch

### Not Included:

Entrance to the ruins

**Recommendations for the Sacred Valley of the Incas:**

Sunscreen

Sunglasses

Hat

Rain poncho in rainy seasons

Personal documents

**3. - TOURS MARAS – MORAY – SALT**

Valley to the south of the Sacred Valley of the Inca where the tour begins at 9 am where it ends at 3 pm, with return to Cusco.

**Itinerary**

**Tours Maras – Moray – Salt 9:00 a.m. – 3 pm:**

It will be picked up from the hotel at 8:30 am and then board our tourist transport to bring you to the town of Maras where guided tour will continue to Moray and the guide will explain about this important archaeological site and continue to Salt and our guide informs us about the exploitation of salt and its use.

**Maras:** Colonial village has a housing made of adobe church still inside paintings of the Cusco School are kept. Picturesque town 53 km (1 h) NW of Cusco by asphalted road (9 km from Urubamba by dirt road via Tarabamba and Pichingoto). It was the residence of the descendants of the Incas of Hurin Cusco. In colonial times it became the largest producer of salt in the southern central mountains, so it has a good church and several big houses bearing the coats of arms of nobility. Some of his interesting colonial houses keep secrets. One houses the Argandoña family, dedicated to the art of millinery. Another, the Lucana Jesusa, is known throughout the area for the quality of their chicha. Near Maras (Rural Community Pichingoto) joins muran salt mines (locally called “salt mines”), exploited since pre-Hispanic times to the present. The pataje is highly recommended for lovers of photography. U11 affirmed path (ideal for trekking and mountain biking) connects with the salt and villages Tarabamba Pichingo! or, a few kilometers from Ollantaytambo on the sacred valley of Urubamba.

**Moray:** unique archaeological group are farming terraces with their irrigation canals prototype greenhouse or experimental station. Located 9 km from the town of Maras or by said road, and approximately 62 km north of the city of Cusco, this archaeological site is perhaps one of the most enigmatic of prehispanic Cusco. Composed by a system of concentric agricultural terraces or terraces that reach a depth of 150 m, it presents retaining walls connected by a large irrigation system. Its name would derive from the Quechua words and uray muyu, meaning ’round’ and ‘down’, respectively. It is thought that the place was a great agricultural laboratory where the Incas were able to create different microclimates to encourage crop varieties. Both for its archaeological sites and the beauty of landscapes, this is a highly recommended excursion. The path to Moray is somewhat complicated and not always in good condition (especially after the rain), so we suggest you contact a guide Maras or request information during the tour.

**Salt**: salt mines O formed by 300 wells during the drought they are filled with salty water emanating from a natural spring every 3 days to evaporate water are forming salt crystals.

**Duration:** Half day

**Type**: Traditional

**PERIOD:** All the time is travel.

**It included in Tours Maras – Moray – Salt:**

Transfer HOTEL

Professional bilingual guide

Tourist transport

**Not included in Tours Maras – Moray – Salt:**

Check the ruins

Lunch

**Recommendations for travel Maras – Moray – Salt:**

Bring a small backpack

Personal documents

Sunscreen

Hat

Rain poncho (rainy season)

**4. - CUSCO SOUTH VALLEY TOUR TIPON - PIKILLAQTA - ANDAHUAYLILLAS**

**Description**

Cusco has many Inca sites this tour start visiting the sites of Tipon a great hydraulic water system over the mountains, Piquillacta a pre Inca site coming from the 1200 AC this pre-Inca culture. Conquered a baste territory in the ancient Peru, after a nice visit of these places we will go to the Sistine Chapel which is in Andahuaylillas, which is compare with the Sistine chapel that was painted by Miguel Angel in Rome Italy all this Cusco has.

**Itinerary**

**Day 1 Cusco – Tipon – Piquillacta - Andahuaylillas - Cusco**

we will pick you up from your Hotel and we will go to the site of Tipon located about 25 minutes from Cusco, where we will see all the terraces and the water Channels that are making a great irrigation system over the mountains, after that we will go to the place known as Pikillaqta (flea town ) this a prehinca culture that has great walls some of them are like 10 mts of a house of three floors, we will have the lunch in a small village near of the road, later on we will go to the Sistine chapel which is one of the beautiful church in Cusco Region, by the afternoon we will return to Cusco at about 4:30 PM.

**Includes**

• Professional English speaking guides

• Transportation

**Not included:**

Check the ruins

Lunch

**We recommend to bring:**

• Personal water bottle and snack

• Camera + Film/Video camera (optional)

**5. - SACRED VALLEY AND MACHUPICCHU 2 DAYS**

**Description**

Sacred Valley and Machupicchu in 2 days is the best option to know the most important attractions in Cusco Area like the mystical Sacred Valley where you can visit a great city over the mountain and a great royal neighborhood, also you can see the Indian Market where you can get many crafts, enjoy of a wonderful typical buffet lunch at the heart of the Sacred Valley. Ollantaytambo is one of the Inca Alive City now days because it is still having a Inca Design where the houses of the modern people living there, the way to take the train in the afternoon or evening to Aguas Calientes makes easier to do this tour because you don’t waste your time spending more days in Cusco.

**Itinerary**

**Day 1 Cusco – Sacred Valley – Aguas Calientes**

08:30 Am we will pick up our passengers from their hotel and go by bus to the Sacred Valley visiting the sites of Pisaq and the Indian Market, at the half way We delight a wonderful lunch tasting flavors of the Andean food and the mix of the Andean food with the international food, after this great lunch we go to Ollantaytambo the last Inca Alive City, visiting it’s great walls and the huge terraces, after this visiting our bus will drop us up at the train station, we will wait around half an hour or so, depending of the available, the train journey takes like 2 hours, once in Aguas Calientes we will have one person waiting for us and take us to the Hotel to spend the night

Optional (visiting the Hot Springs)

**Day 2 Aguas Calientes – Machupicchu - Cusco**

Early in the Morning we will go to the bus station, we will take one of the first buses to the wonder of the world this journey takes like 30 minutes by a nice road enjoying the great forest that surrounds Machupicchu, once upon in Machupicchu our guide will give us some instructions for our well visit to the site, we will start visiting Machupicchu at the point where you can take the classical view of Machupicchu, after that we will start walking by the streets and great palaces inside the park, guiding tour will take like 2 hours and after that we can explore Machupicchu by yourself , depending of the train departure we take the bus down from the park in order to take the train back to Cusco depending of the available we can arrive to Ollantaytambo or to Poroy 20 minutes far from Cusco

**Included**

• All transfers

• Professional speaking English guide

• Buffet lunch in Urubamba

• Expedition train Ollantaytambo - Aguas Calientes (2 ways)

• Double room in the hostel with breakfast included (if you want, you can have a better hotel quality, ask prices in our office).

• Entrance fees to Machu Picchu

**Not Included:**

• Food (except for the buffet lunch in Urubamba)

• Entrance to the archeological sites (Pisaq, Ollantaytambo)

• Thermal baths in Aguas Calientes

• Tips

**We recommend to bring**

• Personal water bottle and snack

• Camera + Film/Video camera (optional)

**ADVENTURE TOURS IN CUSCO**

**Cusco Quad Bikes – Maras Moray ½ Day**

This is a very interesting and exciting journey. A circuit designed exclusively for lovers of adventure in the Andes of Cusco. A place full of adrenaline and full fun close to the Sacred Valley of the Incas in the vicinity of Urubamba travel, an exciting day on tours ATVs Maras and Moray that we have prepared for those seeking a different day during their trip to our city Cusco.

**Trip duration:** Half day from 8:30 am to 1:30 pm or 1:30 pm to 6:30 pm

**Outputs travel dates:** Every day of the year

**Visited Destinations:** Tour Cusco – Sacred Valley of the Incas – Maras – Moray – Urubamba – Travel Cusco Sacred Valley

**Style Travel:** Adventure

**Activities Travel:** Travel Cusco Maras Moray ATVs to the Sacred Valley of the Incas

**Difficulty Level:** Easy Difficulty.

**Itinerary:**

**Cusco Quad Bikes – Maras Moray 1/2 Day:**

Pick up from your accommodation from your hotel at 8:00 am in our private transport to head towards the community of Cruzpata, which is located 40 minutes outside the city of Cusco passing Chinchero district close to Urubamba in the sacred valley of the Incas. Arrival at our base and begin travel practices knowledge of ATVs, machine safety explanation by our guide with instructions prior to the trip and we provide the necessary equipment and immediately we will be starting with adventure travel ATVs. Huypo visit the lagoon located in the vicinity of Chinchero, enjoying the beautiful scenery of the area, sembrios potato, barley, among others in our area of the Cordillera Vilcanota, then descend to the district of Maras walking the small streets, their customs, culture and if time permits take a refreshing chicha made from very typical of this city corn, then continue with the trip up to the archaeological central area of Moray, visit this energetic area and take a good rest, we continue our adventure down to the salt mines (salt flats), an important area where salt is extracted using traditional methods. Finally we return up to Cruzpata place finishes this adventure to return to the city of Cusco.

**Included:**

Automatic ATV (ATV).

Helmets and gloves.

Professional bilingual guide mechanic.

gasoline

Box lunch

first aid

Private transportation round trip.

mechanics

**Not included**:

Join the entrance to Maras / Moray.

Personal accident insurance and equipment

Warranty on trips

Tips for trips

**We recommend you bring:**

Sunscreen, sunglasses for travel.

Windbreaker for travel.

Small backpack for travel.

Bottle of water, personal snacks.

**B)** **ZIPLINE – HALF DAY**

Tour perfect for all ages. Pick up from hotel then we head to RACCHI where we will do the zip line, which is in the midst of a magnificent natural landscape, where we will start to slide down the different cables have and feel the sensation of flying high.

Which has four different cables with the longest being 600 meters long and 200 meters deep with.

The first cable is very soft for the participant to gain confidence and become familiar with the activity.

The second cable is the faster to imagine the feeling of flying high.

The third cable is the longest, time enough to perform movements or extreme positions.

The fourth wire is the deepest with the best views of the canyon, sacred valley and mountains.

During the trip, the participant can appreciate the Andean landscapes, the Sacred Valley of the Incas, mountains, the living community of Racchi ayllu culture. Done the zip line, we head back to Cusco. Optional detour would be the visit of the textile centers in chinchero.

Tour lasts approximately 4 hours.

Daily Departures: First group: 9:00 am. / Second Group 2:00 p.m.

## INCLUDED

* Round trip transportation.
* Instructor for the Zipline
* 4 different cables.

## DOES NOT INCLUDE

* Session photos
* Food

## WHAT TO BRING?

* Water
* Snack
* Sunglasses
* Sunscreen
* Comfortable for the activity of the Tyrolean clothing.
* Footwear is not possible with sandals.
* Camera.
* Gear wind prove.

**C) ATV TOUR MORAY SALINERAS + ZIPLINE – FULL DAY**

Perfect tour for a full-day of adventure are ready for a great experience on wheels !!! and enjoy these two activities. After picking up , you will head to Racchi village. Where we will zip. In the midst of a magnificent natural landscape, where we will begin to slide down the various cable and we feel the sensation of flying high. On the way the participant can appreciate the Andean landscapes, the Sacred Valley of the Incas, mountains, community living Racchi ayllu culture.

After the tour of the Zipline or Canopy , the ATVs continue our expedition to the archaeological site of Moray, which is a set of circular terraces like an amphitheater and it was an Inca agricultural laboratory, we continue our adventure on ATVs to get to our next stop which is Maras, It is a place of extraction of salt using traditional methods and today it is used in Peruvian cooking. If you love the grilling , this will be a perfect opportunity to buy a bag of salt Rosada, salt beds is located amidst an enchanting landscape. Return to the city of Cusco.

Approximate tour 7 hours

Minimum: 2 pax

Daily Departures:

First group: 7:30 a.m. to 15:30 pm

Second group: 11.00 a.m. to 19:00 pm

## IT INCLUDES:

* Round trip transportation.
* Guide in English or Spanish
* Implements security for each activity
* Food

## IT DOES NOT INCLUDE:

* Tickets to Moray and Salt plateu
* Service of video and photographs.

## WHAT TO BRING?

* Water
* Snack
* Comfortable clothing for the activity
* Footwear, it is not possible with sandals.
* Sunglasses
* Sunscreen
* Camera.
* Wind prove gear.
* Extra money for shopping

**C) MOUNTAIN BIKING MARAS MORAY FULL DAY**

This is a great one day trip for anyone who enjoys biking and includes visiting not only Maras and the Inca ruins of Moray, but also the famous Salt Mines.

Itinerary

You will be picked up from your hostal at 8:50am and head by transport out of Cusco for about 1hr30 until reaching the village of Cruz Pata at 3550 m.a.s.l. From here you’ll get your biking equipment and after going over a few safety procedures the ride begins. During the first part of the ride we’ll pass a lake, there are a few up- hills and a some nice downhills with optional single-tracks for those who like it a bit more technical. The scenery is unforgettable with excellent views of the Veronica mountain range.

The first main stop will be at the Incan agricultural testing site of Moray (3575 m.a.s.l.) and we’ll take a break here to catch our breath and explore the area. Continuing the ride we’ll arrive to Maras where we’ll have our lunch break. Afer lunch we’ll carry on riding to the crystal-white terraces of the pre-Incan salt mines and then continue on the best downhill of the day – a 30 minute downhill on a llama path ending on the bank of the Urubamba river (2875 m.a.s.l.). Here we finish the tour and return to Cusco, arriving at approx. 5pm.

Duration: Full Day

Daily Departures: 09:00 am. to 17:00 pm.

## INCLUDES

* Bicycle Front Suspension
* Biking equipment – helmet & gloves
* Lunch/ Box Lunch
* Pick up from Hostel
* Local transport
* Professional bilingual biking guide

## NOT INCLUDED

* Entrance to Moray
* Entrance to Salt Mines
* Tips
* Some snacks

## WHAT TO BRING

* Rain / wind jacket
* Solar protection
* Small backpack
* Sun glasses
* Extra cash: 50 soles

**D) SACRED VALLEY BIKING AND ZIPLINE – FULL DAY**

Perfect for tour groups, hotel pick you up and then go on a transport to the town of Raqchi. Where we will zip. In the midst of a magnificent natural landscape, where we will begin to slide down the different cables have and feel the sensation of flying high. During the tour can be appreciate the Andean landscapes, the Sacred Valley of the Incas, mountains, community living Racchi ayllu culture.

We continue on our bikes the rest of the tour down the road Racchi-Huayllabamba. That’s a total of 1000 meters long with ramps and difficulties where the participant more than once feel the adrenaline. How convenient this way is a completely new tour for tourism with incredible scenery and the chance to pedal in the Sacred Valley of the Incas. We finished our tour to return to Cusco.

Approximate tour 7 hours

Daily Departures: 09:00 am. to 16:00 pm.

Minimum: 2 pax

## IT INCLUDES:

* Round trip transportation.
* Instructor for the Zipline
* 4 different cables.
* Food.

## IT DOES NOT INCLUDE:

* Service of video and photographs.

## WHAT TO BRING?

* Water
* Snack
* Sunglasses
* Sunscreen
* Comfortable for the activity of the Tyrolean clothing.
* Footwear is not possible with sandals.
* Camera.
* Gear wind prove

**E) MOUNTAIN BIKING MARAS MORAY FULL DAY**

This is a great one day trip for anyone who enjoys biking and includes visiting not only Maras and the Inca ruins of Moray, but also the famous Salt Mines.

Itinerary

You will be picked up from your hostal at 8:50am and head by transport out of Cusco for about 1hr30 until reaching the village of Cruz Pata at 3550 m.a.s.l. From here you’ll get your biking equipment and after going over a few safety procedures the ride begins. During the first part of the ride we’ll pass a lake, there are a few up- hills and a some nice downhills with optional single-tracks for those who like it a bit more technical. The scenery is unforgettable with excellent views of the Veronica mountain range.

The first main stop will be at the Incan agricultural testing site of Moray (3575 m.a.s.l.) and we’ll take a break here to catch our breath and explore the area. Continuing the ride we’ll arrive to Maras where we’ll have our lunch break. Afer lunch we’ll carry on riding to the crystal-white terraces of the pre-Incan salt mines and then continue on the best downhill of the day – a 30 minute downhill on a llama path ending on the bank of the Urubamba river (2875 m.a.s.l.). Here we finish the tour and return to Cusco, arriving at approx. 5pm.

Duration: Full Day

Daily Departures: 09:00 am. to 17:00 pm.

## INCLUDES

* Bicycle Front Suspension
* Biking equipment – helmet & gloves
* Lunch/ Box Lunch
* Pick up from Hostel
* Local transport
* Professional bilingual biking guide

## NOT INCLUDED

* Entrance to Moray
* Entrance to Salt Mines
* Tips
* Some snacks

## WHAT TO BRING

* Rain / wind jacket
* Solar protection
* Small backpack
* Sun glasses
* Extra cash: 50 soles

F**) MOUNTAIN BIKE YUNCAYPATA CUSCO**

Departures at 9:00am to 12:00am.

We’ll pick you up at your hotel in Cusco at either 8:40am depending on whether you’ve selected a morning or afternoon tour, and depart by Inca ruins of Puka Pukara Archeological Complex northeast of Cusco, where we will have a brief guided visit.

We will begin the descent from Puca Pucara until the village of Yuncaypata passing forests and other natural landscapes as we make our way to Inkatambo Archeological Site, more commonly known as Inca Prison. Its located in a beautiful located covered with trees and with waterfalls nearby. After a stop there we will continue into the valley to the pre-Inca Archeological Center of Choquequirao to see its Andean terraces, fountains, and astronomical observatory. We will also stop at Rumiwasi ruins, which are fascinating but rarely visited and which boast a stunning view of the city of Cusco, as we continue our ride down to San Sebastian. From there we’ll return to Cusco in our private transport. Another option will be to continue on the bikes until the Plaza de Armas.

Conclusion of the excursion and dropoff of travelers in their respective hostels in the city of Cusco. We will have traveled approximately 10km on an occasionally level but mostly downhill route through the beautiful Andean landscape.

## WHAT’S INCLUDED ON THIS DAY?

* Transfer from and to hotel in Cusco in Touristic Transport
* Official Specialized Guide
* Bicycle and Biking Equipment (helmet and gloves)

## WHAT’S NOT INCLUDED ON THIS DAY?

* Admission to Archeological Sites (Partial Tourist Ticket)

**G) URUBAMBA RIVER RAFTING FULL DAY**

The Urubamba river runs from the high Andean ranges down through the Sacred Valley of the Incas, past Machupicchu and into the jungle.

The Urubamba is divided into Upper Urubamba and Lower Urubamba, the dividing feature being the Pongo de Mainique, a whitewater canyon that opens into the Amazon plain.

It has some exciting white water depending on the section of the river being done and the time of the year. One of our most popular rafting sections during the season is the “Chuquicahuna- (CHUQUI)” section of the river on the Upper Urubamba. There are good class IIl rapids and the water is not contaminated, as unfortunately the Sacred Valley of the Incas sections of the river is.

This section is perfect for one day tours, with nice class II, III and III+ rapids. Excellent scenic riverside view with big eucalyptus trees, beautiful flowers.

This white water rafting section is all year long and from early December to late March the river is Class IV

**Itinerary**

We pick you up at your hotel, after one and a half hours drive we arrive to the put -in at the shores of the Upper Urubamba River, at ” CUSIPATA RIVER CAMP”, our private campground. Our professional Rafting Guides will give you a safety talk and provide you with all the proper equipment for Rafting. We would be floating for approximately two and a half hours, running class II and III rapids. During the rainy season Dec. to early March, the rapids can be class IV and IV plus.

Afterwards, we arrive to the take-out at “CUSIPATA RIVER CAMP”, where a hot Sauna and hot showers will be waiting, also a full course lunch will be provided. As an option can do ZIP-LINE over 4 cables across the river. Our return to Cusco should be around 5 in the afternoon. That evening you can look at the pictures of your trip at our office.

## INCLUDES:

* Transportation from Cusco to the put-in at the River
* All the rafting equipment, such as Helmet, Life jacket, paddle, self bailing Raft
* Spray Jacket, wet Suit, Safety kayaker.
* Professional English speaking Rafting guide
* Delicious lunch
* Transportation back from the River
* Tents with Mattresses
* Thatched roof for the tents
* Sauna and Hot tub facilities
* Hot showers, toilets, fire place
* We have a socializing area

## YOU SHOULD TO BRING:

* A Swimming suit
* A complete set of dry cllothing
* a pair of sandals or tennis shoes for the river that will wet
* sun block
* A small towel
* A bathing suit to wer under the wet suit
* A good possitive mental aptitude

**URUBAMBA RIVER RAFTING 2 DAYS**

**Description**

Enjoy this exciting rafting trip in the Urubamba Sacred Valley, where we will run different rapids with different levels.

**Itinerary**

**Day 1**

We pick up our passengers at 9 AM. We depart from Cusco to Huambutio (south east of Cusco), where the guide will give us a safety talk, as well as the necessary equipment for our rafting trip. We will start our journey, running Class III rapids, and will return to the campsite in the afternoon.

**Day 2**

After breakfast, we will move to the high part of the Valley, there we will run Class IV rapids. After lunch, we will return to Cusco in the afternoon.

**Includes**

• Professional English speaking guides, paramedics qualified for Class V rafting

• Full Rafting equipment (helmet, life jacket, raincoat, paddle, wetsuit, Hyside Self Bailer Boats)

• Private Round Trip Transportation

• All meals during the trip

• Double Tents

• Complete First Aid Kit

**We Recommend to Bring:**

• Bathing suit and light clothes

• Towel

• Sandals or tennis shoes

• Shorts (to use over the wetsuit, cause the raft is slippery when wet)

• 3-4 pairs of socks

• Warm clothes for the night (fleece, long pants)

• Sleeping bag, mattress and flashlight

• Personal water bottle and snacks

• Hat, sun block, toilet paper

**APURIMAC RIVER RAFTING 3 DAYS - WHITE WILD WATER RIVER RAFTING**

**Description**

One of the most important adventure tours in Cusco – Peru has, is the Apurimac River Rafting, is a great combination from nature, adventure, adrenaline, fun

If you are a white water rafting lover, this is the best option to do this amazing adventure tour in Cusco Peru; The Apurimac River is located in Peru, between 2 regions: Cusco and Apurimac, the name of this river means: "The God talker", is one of the best 10 rivers in the world to do White Water Rafting, this river has perfect conditions to do this nice adventure sport: Landscapes, pristine place, great weather all the year, clean and clear water, sandy beaches, in our company: Eric Adventures, we'll take special care of you when you'll do this amazing Rafting Peru Tour, accompanied by our professional guides and using the top of the line equipment and taking care of the environment.

**Itinerary**

Briefing in Cusco, the night before the tour in your hotel at 7:30pm, our river rafting guide will go to your hotel to meet you and explain you all your trip details.

**Day 1: CUSCO - APURIMAC RIVER**

In the morning we’ll trip in our bus for 5 hours to the Apurimac Canyon Huallpachaca Bridge 2000 masl), to arrive there, we’ll cross the Highlands. Once in the canyon, We’ll have lunch, after it, our guides will give you the safety instructions about our Apurimac River Rafting trip, this will be followed by a demonstration of the equipment, we’ll get dress with the rafting equipment and we’ll also put our personal belongings in special dry bags(water proof bags, after that, we’ll give you a basic Rescue Course, like this, you’ll be ready for this white water river rafting tour. Then, we’ll raft for 1 hour in Class II and III rapids. After that we’ll arrive to the first campsite, there, will set up the Tents and do the camping in one beautiful beach in the Apurimac Canyon, later we’ll have lunch and then we’ll rest and talk with our guides and our group members close a nice camp fire. Campsite.

**Day 2: APURIMAC RIVER**

After breakfast we’ll pack up the camp, and put our entire luggage back in to the rafts, then we’ll begin our rafting trip down the Apurimac, running Class III and IV rapids, stopping only for lunch. We’ll walk also some dangerous Class VI Rapids (the portages), in the afternoon we’ll arrive to our campsite, we’ll do some river rafting games before lunch, then We’ll be around the nice camp fire talking about the past journey and planning the next journey. Campsite.

**Day 3: APURIMAC RIVER - CUSCO**

After a breakfast We will start our Apurimac river rafting tour down some Class III, IV and V rapids, this day we’ll pass the famous rapids of: Labyrinth, Toothache, You First, Babalua and Last Laugh. After 5 hours we will end our Peru River Rafting Apurimac Tour close the Kunyac bridge, there we’ll have lunch and then we will return to Cusco, arriving there at around 5:00 PM., end of our services.

**The tour Includes**

• Professional English speaking guides, qualified for Class V rafting

• Full Rafting equipment (helmet, life jacket, raincoat, paddle, wetsuit, Self Bailer Boats)

• All meals during the trip(vegetarian option is available)

• Double occupancy Tents

• Dry bags - Special Waterproof bags (for personal belongings)

• Safety Kayak or Cargo Boat

• Private round trip transportation

• Complete First Aid Kit

**We Recommend to Bring:**

• Bathing suit and light clothes

• Towel

• Sandals like Teva or tennis shoes(you’ll use them on the raft)

• Short pants

• Four pairs of socks (to use them on the raft, to avoid the mosquito bites)

• Warm clothes for the night (fleece, long pants)

• Sleeping bag, mattress, flashlight

• Personal water bottle and snack

• Hat, sun block, mosquito repellent, toilet paper

• Take your things in a plastic disposable bag

**Prices**

For our service price, please contact us by email

**Mountain Bikes**

You can visit the Sacred Valley of the Incas by bike or you can explore the surroundings of Cusco. In Sacsayhuaman and Cusco Surrounding.

**SACSAYHUAMAN CUSCO MOUNTAIN BIKING HALF DAY**

**Description**

A new options visit Cusco surrounding by bike We bike from Cusco to the famous Inca's fortress of Sacsayhuaman and the other ruins located nearby; Quenqo, Puca Pucara, and Tambomachay.

**Itinerary**

**Day 1 CUSCO - SACSAYHUAMAN - CUSCO**

We will begin to ride the bike to Sacsayhuaman and other archaeological sites in the surroundings: Quenqo, Puca Pucara, Tambomachay, finishing in the main square of Cusco.

**Includes**

• Private Transportation - Round-trip

• Professional English speaking guide

• Bicycle with front suspension, helmet, and gloves

**We Recommend to Bring:**

• Shorts and comfortable clothes to ride the bike

• Sun block, sunglasses

• Raincoat (Depending on the weather)

• Bottle of water, personal snacks

**Prices**

# *SACRED VALLEY DOWN HILL MOUNTAIN BIKING*

**Description**

This is an excellent place to have a downhill excursion. We will climb up to the high pass of Malaga (4,800 masl) and then descend to the Valley of [Urubamba](http://www.ericadventures.com/machupicchu/cusco_peru_cultural_tours/cusco_sacred_valley_tour_full_day.html) (2,700 masl), our destination being the town of Ollantaytambo.

**Itinerary**

**Day 1**

our destination being the high pass of Malaga (a 3 hour drive approx.) There our guide will give us a briefing as well as The complete necessary [equipment](http://www.ericadventures.com/cusco_peru_rentals/motorcycle_rental_cusco.html) for our descent by bike, we will finish and have lunch in Ollantaytambo and return to [Cusco](http://www.ericadventures.com/machupicchu/cusco_peru_horseback_riding/sacsayhuaman_cusco_horseback_riding_half_day.html) at 5:00 Pm. approx.

* **Includes**
* Private Transportation - Round-trip
* Professional English speaking guide
* Complete [Equipment](http://www.ericadventures.com/cusco_peru_rentals/motorcycle_rental_cusco.html) (helmet, gloves, GT Mountain Bike with front suspension).
* Lunch
* **We Recommend to Bring:**
* Shorts and comfortable clothes to ride the bike
* Sun block, sunglasses
* Windbreaker
* Small backpack
* Bottle of water, personal snacks

**MARAS MORAY MOUNTAIN BIKING FULL DAY**

**Description**

This is a longer biking trip that sees the most important ruins on the highlands between Cusco and the Urubamba valley, with a constant view of snow capped mountains on the other side of the valley.We travel over gentle green hills and passes through picturesque small towns.

**Itinerary**

**Day 1 CUSCO-URUBAMBA- CUSCO**

In the morning we travel to Chincheros (30 minutes NW of Cusco). We will have a briefing, and then we will begin our adventure by bike, passing by Huaypo lagoon, and the archaeological site of Moray and, finally, the salt mines of Salineras.

Finishing the trip in Urubamba, we will have lunch and return to Cusco at about 4 pm

**Includes**

**•** Private Transportation - Round-trip

• Professional English speaking guide

• Entrance fee to the site of Maras/Moray

• Complete equipment (helmet, gloves, GT Mountain Bike with front suspension).

• Box Lunch

**We Recommend to Bring:**

**•** Shorts and comfortable clothes to ride the bike

• Sun block, sunglasses

• Windbreaker

• Small backpack

• Bottle of water, personal snacks

• Daily Departures

• Season: All Year

**TOUR TO MACHU PICCHU**

**A) 5.-MACHUPICCHU FULL DAY**

**Description**

When you will come to Peru, you have to visit the lost city of the Incas:

Machu Picchu, take this magnificent one day tour by train, also if you want you can spend one night in Aguas Calientes.

**Itinerary**

**Day 1: Cusco - Machu Picchu - Cusco**

In the morning we pick you up from their hotels and drive to ollantaytambo (train stations) that goes to Machu Picchu.

During the tour our guide will explain all about the historical sanctuary of Machu Picchu.

Our passenger will spend about three hours at the ruins. Afterwards we will descend to Aguas Calientes, the town named for its hot springs. Here we will relax in the thermal baths. Then we will return by train to Cusco, arriving at around 10:30 PM.

**Includes**

• Professional English speaking guides

• Transportation round trip

• Entrance fee to Machupicchu

. Bus up/down

. Transfer

**We recommend to bring**

• Personal water bottle and snack

• Camera + Film/Video camera (optional)

**B)MACHUPICCHU BY CAR 2D/1N**

**DAY 1. -**

Pick up from the hotel at 7:00 to 7:30 a.m. approx. then leave Cusco by tourist vehicle approx. 7 hours of journey, reaching the town of Santa Teresa where we will taste lunch, then continue our journey to the point of Hydro, where we enjoy the walk of 2 hours and a half. to the town of Aguas Calientes where we will spend one night.

**DAY 2. –**

We left very early at 4:30 am approx. The town of Aguas Calientes to Machupicchu and see the sunrise, the guided tour will last two hours and a half.

Then they give you free time for your own visit tourist eventually will return to Aguas Calientes at 1:00 pm Hydroelectric then depart for the train at 1:30 pm arriving in Cusco at 9:30 pm approx.

**INCLUDES:**

Transportation round trip Cusco – Hidroelectrica - Cusco

Hydroelectric return train Aguas Calientes

A basic hostel night.

Food 1D/1A/1C.

Entrance to Machu Picchu.

Professional guide.

**C) MACHU PICCHU BY CAR 3 DAYS / 2 NIGHTS**

Another alternative is to visit Machu Picchu through the roads of the Andes and the jungle of Cusco by car with a short train ride to finally reach the town of Aguas Calientes (Machu Picchu village).

Visit to the Inca citadel of Machu Picchu: One of the most important and most visited of the Americas, a living symbol of national pride Peru and the Inca civilization pre-Columbian sites. The ruins are located only real winter shelter, religious shrine and the mausoleum of the Inca rulers of Cuzco built around the middle of the 15th century, superbly built and integrated with spectacularly beautiful landscape. Its remote location has protected and preserved a rich endemic and relict flora and fauna.

**ITINERARY:**

## Machu Picchu by Car 3 days / 2 nights

### Day 1: Cusco – Hydroelectric – Aguas Calientes

Pick up from hotel approx. At 7:30 am, then we headed to our tourist transport for 6 hours to hydropower in the way we stop at the village of Ollantaytambo approx. For 15 minutes, continuing to arrive at the 4200m Abra Malaga trip where we stop to enjoy the scenery then descend passing from the Puna to breathtaking scenery eyebrow Selva reach Santa Maria and then to Santa Teresa where we will have lunch and continue until where hydroelectric start a hike of 3 hours (there is the possibility to take the train for 45 minutes) arrived to Aguas Calientes where we will have dinner and brief talk with the guide about the tour the next day, accommodation in basic hotel with private bath and hot water.

### 2nd day: Aguas Calientes – Machu Picchu – Aguas Calientes

According to information from the guide and then very early breakfast we start the trek to Machu Picchu arriving at 6am where we will have 2 hours guided tour in the main sectors of the citadel of Machu Picchu then have free time until 5 pm which closes in Machu Picchu accommodation in the same hotel.

### 3rd day: Aguas Calientes – Hydro – Cusco

Free morning at 11am you walk Hydroelectric return to where our bus will wait and bring him back to Cusco arriving at 9: 30 pm approx.

#### It INCLUDES:

* Transfer from hotel
* Tourist transport to hydroelectric six hours round trip
* 02 breakfast, 02 lunch, 02 dinners
* 02 nights accommodation in Aguas Calientes bed. with private bathroom and hot water
* Entrance to the ruins of Machu Picchu
* 02 hours guided tour
* Hydroelectric bus from the 3rd day to Cusco

#### DOES NOT INCLUDE:

* 1st breakfast / lunch last
* Entrance to the thermal baths
* Hydroelectric train to Aguas Calientes (optional)
* Bus up and down from Aguas Calientes to the Inca citadel of Machu Picchu
* Extras

#### Recommendations:

* Carrying small backpack
* Mosquito repellent for the trip
* Sunscreen for the trip
* Extra money for the tour
* Passport and personal documents

**INKA TRAIL AND OTHER ROUTES**

6.- **MACHU PICCHU INCA TRAIL 4 DAYS**

**Description**

Inka trail is the best trekking option in Peru, it has really good conditions to do this kind of tour, it is located in the middle of the highlands, you well be passing from different altitudes, weathers and beautiful contrasted landscapes with different kinds of species of animals and plant, accompanied by Incas Archaeological sites in this Inca Trail.

**Itinerary**

**Day 1: Cusco to Km. 82 Huayllabamba**

Early in the morning, we’ll take our passengers at their hotels and travel by bus to the Km. 82 in the Urubamba Valley, there, we’ll meet with all the personal that will accompanied us in the tour(porters and cook), the Km 82 is the start of the Inca Trail to Machupicchu, there, we’ll pass the control entrance fees, also porters and cook will be controlled with all their licenses and permit, this is the lowest part in our tour, this day we’ll be walking until Huayllabamba, close an ancient Inca citadel.**Day 2: huayllabamba – Pacamayo**

After breakfast, we’ll will star to climb the first pass, Warmihuañusca dead woman pass) (4,215 m. a.s.l.), where there is a spectacular view of the valley below. At this pass we move from the dry puna ecology to elf forest, the highest of the tropical forest types where gnarled trees grow to two meters amid frog and low clouds, this is the habitat of orchids, Polilepis Incana (National Peruvian tree) and mammals like the Puma and Andean Beer (no worries, they’re far way from humans). On this night, we will camp along the river Pacamayo at the bottom of the pass.

**Day 3: pacaymayu – Wiñayhuayna**

After enjoyed a good breakfast, We will hike up towards Runku Rakay and traverse the second Higg pass of the same name (3,800 masl). Then, we will descend to Sayamarca, which is an important archaeological complex, there, we will have lunch. This day we’ll walk down in hundreds of step, we will spend the third and final night near the ruins of Wiñayhuayna, which means City above the Clouds.

**Day 4: Machu Picchu**

This morning we need to weak up very early so that we may watch the sunrise from Inti Punku (Sun Gate) and have our first breathtaking view of Machu Picchu. then We stard to down toward Machupicchu and we will spend one to two hours in Machu Picchu, where the guide will explain the significance of important sites within the Lost City of the Incas, at this point will be on the finish of the famous Inca trail to Machu Picchu. In the afternoon, we will take the train from Aguas Calientes to Cusco, arriving at approximately 8:30 PM.

**Included**

• Private transportation to Km 82 (Beginning of the Trail).

• Professional English/Spanish speaking guide

• Entrance fees for the Inca Trail and Machupicchu

• Round-trip Transfers

• Double Occupancy tents

• Camping Equipment: Bathroom tent, kitchen tent, dining tent, chairs, tables and sleeping pads

• Cook

• Porters to carry food, tents, and cooking gear, our porters not carry the personal belongings of the clients, if you want a personal porter, you’ve to pay US$ 125 additional per porter (each porter can carry 14 kilos), if you don't have experience walking, we hardly recommend you to hire a porter, because will be hard for you to carry all your personal belongings during 4 days (sleeping pads and sleeping bags too).

• Coffee breaks in the afternoons

• All meals (not including first breakfast and last lunch on the 4th day)

• First aid kit / Oxygen

• Train ticket return to Cusco

**• We recommended to bring:**

• Personal Sleeping Bag (If you don’t have, you can rent from the company)

• Additional money for water during the trek, normally we’ll give you water all the mornings but if you get thirsty during the day, you will be able to buy water during the trail

• Additional money to use bathrooms once you’ll get to Machupicchu

• Additional money for tipping

• Backpack and Daypack

• Hiking shoes or boots

• Raincoat or poncho

• Water bottle, flashlight, hat, sun block, sunglasses

• Warm clothes, light clothes, 4 pairs of socks

• Insect repellent

• Chocolates, candies or other snacks

• Camera + Film/Video camera (optional)

**Note** The Inca Trail availabilities are regulated by law(only 500 places are allowed per day, sometimes is hard to find places, any ways, we offer alternative treks that also take you to Machupicchu.

**7.- MACHU PICCHU INCA TRAIL 2 DAYS**

**Description**

The Inca Trail to Machupicchu (Machu Picchu) is rated among the best trekking trips in the world because of the exquisite natural beauty and archaeological importance of the many sites leading up to Machu Picchu. We encounter valleys that contain wildlife endemic to high deserts or the tropics, between stretches of Puna and cloud forest. We encounter mysterious archaeological sites half covered by jungle overgrowth, which look like You are discovering them for the first time. Finally We arrive at the lost city of the Incas, Machupicchu (Machu Picchu). Experienced guides will conduct your journey and ensure that your trip is pleasant and safe.

**Itinerary**

**Day 1 Cusco - Wiñayhuayna (Km. 104)**

We pick up our passengers from their hotels at 5:00AM, after which we will start our journey by train from ollantaytambo .We will start our hike from km 104 towards Wiñayhuayna (an archaeological site in Inca trail to Machu Picchu).

In the afternoon we will pass by Machupicchu depending of the people we will walk down or take the bus to Aguas Calientes and spend the night in a hotel there

**Day 2 - Machu Picchu - Cusco**

Early in the morning, We will take the bus to Machupicchu (Machu Picchu) to have a guided tour. In the afternoon we will take the train back to Cusco, arriving at approximately 08:35 PM.

**Included**

• Professional English/Spanish speaking guide

• Train ticket from Cusco to Km 104 (Expedition Service)

• Entrance fees for the Inca Trail and Machupicchu

• Round-trip Transfers

• All meals (1L/1D/1B).

• Accommodations in Hostel in double room in Aguas Calientes

• First aid kit

• Train ticket back to Cusco

**We recommended to bring:**

• Back pack and Daypack

• Hiking shoes or boots

• Raincoat or poncho

• Water bottle, flashlight, hat, sun block, sunglasses

• Light clothes

• Insect repellent

• Bottle of Wáter

• Chocolates, candies or other snacks

• Camera + Film/Video camera (opcional)

**7.- MACHU PICCHU INCA TRAIL 5 DAYS**

**Description**

The 5 days inka trail takes more time to do the traditional Inca Trail to Machupicchu(Machu Picchu), leaving more time to appreciate the nature and archaeology along the way. We spend one long fourth day visiting Wiñaywayna and Machu Picchu, and on the fifth day we return to Machu Picchu. We encounter valleys that contain wildlife endemic to high deserts or the tropics, between stretches of puna and cloud forest. We encounter mysterious archaeological sites half covered by jungle overgrowth, which look like you are discovering them for the first time. Machu Picchu (Machupicchu) is one of the worlds greatest cultural treasures, and of these is the most enigmatic

**Itinerary**

**Day 1 Chillca / Llactapata**

At 6 in the morning our private van picks passengers up from their hotels. We drive down through the Sacred Valley to Chilca. Here we meet the porters, the Quechua-speaking natives of this rugged country. Tonight we camp at Llactapata, an important fort along the Urubamba River.

**Day 2 Llactapata / Llullucha**

After a healthy breakfast We climb up away from the river, heading straight for Salkantay, a snow-capped mountain that reaches 20,600 feet high and the most imposing peak in this region. At Huayllabamba the streambed forks, and we turn away from Salkantay to the SW and head NW along the trail. We camp at Llulluchapampa, part way up to the high pass of Warmiwañuscca.

**Day 3 Llullucha / Phuyupatamarca**

Today the first part of the trek takes us over the Warmiwauska pass at the height of 13,500 feet. At its heights, the amazing stone trail is better preserved than when it passes through lower lands. As we descend, we leave the tundra vegetation and enter the elfin forest of bonsai trees covered by a profusion of creepers and orchids. We pass the important ruins of Runkuraqay and Sayacmarca and camp at Phuyupatamarca, the city above the clouds, from which there are spectacular views of snow covered mountain ranges.

**Day 4 Phuyupatamarca / Machupicchu (Machu Picchu)**

Passing through the Intipuncu (gates of the sun), We arrive in Machupicchu (Machu Picchu), the lost city of the Incas. We will visit the town of Aguas Calientes and enjoy a relaxing bath at the local hot springs and later we will camp by the river.

**Day 5 Machupicchu (Machu Picchu).**

After breakfast we will take a bus up to visit the lost city of Machupicchu (Machu Picchu). An optional hike for the more dynamic people in the group would be to hike up to Huaynapicchu (Huayna Picchu), the pyramid-shaped peak that overlooks Machupicchu. We will take the late afternoon train back to Cusco.

Note: There is the option of relaxing in the hot springs in Aguas Calientes.

**Included**

• Professional English/Spanish speaking guide.

• Private transportation to Chilca piscacucho

• Entrance fees for the Inca Trail and Machupicchu (Machu Picchu)

• Transportation by bus from Machupicchu to Aguas Calientes

• Round-trip Transfers

• Double Occupancy Tents

• Camping Equipment: Bathroom tent, kitchen tent, dining tent, chairs, tables and comfortable mattresses

• Cook

• Porters to carry food, tents and cooking gear

• Coffee breaks in the afternoons

• All meals (including breakfast the 1st day, not including lunch the 5th day)

• First aid kit/Oxygen

• Train ticket back to Cusco

**We recommended to bring:**

• Personal Sleeping Bag (If you don’t have, please, see our camping equipment Web)

• Backpack and Daypack

• Hiking shoes or boots

• Raincoat or poncho

• Water bottle, flashlight, hat, sun block, sunglasses

• Warm clothes, Light clothes, 4 pairs of socks

• Insect repellent

• Chocolates, candies or other snacks

• Camera + Film/Video camera (optional)

**8.- SALKANTAY INKA TRAIL TREK 7 DAYS.**

**Description**

Salkantay Machu Picchu trek begin in Mollepata, above the Apurimac (Apu Rimac) River, and cross the mountains to MachuPicchu, above the Urubamba River. We pass under the shadow of Salkantay, the Apu of the range, which the Incas offered up all the fruits of their labors.

**Itinerary**

**Day 1 Cusco - Mollepata –- challacancha**

We pick you up from the hotel at 5:00 am,we drive to Mollepata to begin the journey. By car, we pass the towns of the Anta Plains (Izcuchaca, Zurite, Ancahuasi) and then enter the Limatambo valley, where we can appreciate the ruins of Tarawasi. In Mollepata we begin the hike, and later we will camp in challacancha.

**Day 2 challacancha – Soraypampa- japonesa pampa**

From the way we can see Salkantay and Humantay, at whose feet we camp at the height of about 4500 masl.

**Day 3 - Pampa Japonesa - Canal Inca**

Today we pass under the Salkantay Snowcap, then descend to the Inca Chanel from where we can see lovely geography below us, campsite.

**Day 4 Canal Inca - Tres Piedras – Llulluchapampa**

We begin the hike towards Paucarcancha, down the Cusichaca valley to Llulluchapampa, also known as Inkaracay. This day we meet with our porters whose going to join to us .

**Day 5 Llulluchapampa - Pakaymayu – Sayacmarka**

We begin the ascent to the high pass on the Inca trail to Machu Picchu (Machupicchu), called Warmiwañuska at 4,200 masl, and then drop into Pakaymayu and camp in Sayacmarka.

**Day 6 Sayacmarka - Phuyupatamarca - Wiñaywayna**

We drop into the high jungle and see some lovely new trees and animals, along with the stunning series of palaces that make up the Inca Trail to Machu Picchu (Machupicchu), campsite.

**Day 7 Wiñaywayna - Machu Picchu (Machupicchu) - Cusco**

We reach Machu Picchu (Machupicchu), one of the world's greatest archaeological treasures, in the afternoon we’ll take the train back to Cusco(Cuzco).

**Included**

• Private service

• Professional English/Spanish speaking guide

• Entrance fees for the Inca Trail and Machupicchu

• Round trips bus Aguas Calientes – Machupicchu- aguas Calientes.

• Private transportation to Mollepata on the 1st Day.

• Round-trip Transfers

• Double Occupancy Tents

• Camping Equipment: Bathroom tent, kitchen tent, dining tent, chairs, tables and comfortable mattresses

• Horses to carry our equipment

• Muleteer and Cook

• Porters to carry food, tents and cooking gear, and the personal belongings of the passengers(Max. 10 Kilos)

• Coffee breaks in the afternoons

• All meals (including breakfast on the 1st day, not including lunch on the last day)

• First aid kit/Oxygen

• Train ticket back to Cusco.

**We recommended to bring:**

• Personal Sleeping Bag (If you don’t have, you can rent from the company.

• Backpack and Daypack

• Hiking shoes or boots

• Raincoat or poncho

• Water bottle, flashlight, hat, sun block, sunglasses

• Warm clothes, Light clothes, 4 pairs of socks

• Insect repellent

• Chocolates, candies or other snacks

• Camera + Film/Video camera (optional)

**8.- SALKANTAY TREK TO MACHU PICCHU 5 DAYS - 4 NIGHTS**

Salkantay Trek Machu Picchu 5 days nice option for visitors who want to do a new 5 day trek to Machupicchu instead of the Inca Trail classic machupicchu, because it can be hard to find places available on the Inca Trail to Machu Picchu.

**Itinerary**

**DAY 1: CUSCO – MOLLEPATA – SORAYPAMPA**

Very early we will leave Cusco, passing through the towns of Izcuchaca and Limatambo and after 3 hours of journey from Cusco we reach Mollepata. After a great breakfast we began our long and very beautiful hike up the area known as Silcacancha, where will wait our great lunch. After a short break, we will continue between green and beautiful landscapes to Soraypampa place where we will spend the first night about 3,950 m.a.s.l.

**Day 2: SORAYPAMPA – CHAULLAY**

After a delicious breakfast. We will start the hike going up to the pass, a great walk full of adventures that we will cross the place which is called Salcantay Pampa until you reach the highest point of the pass of the Salcantay as well the Umantay Glacier located over 4,650 meters from where we can appreciate all the Majesty of the area. After a rest we will continue our tour to Huayrac machay where we will have a well-deserved rest and lunch here there is an indescribable view of the place then we will continue until our second camp in the area of Chaullay, where we will have dinner and overnight.

**Day 3: CHAULLAY – LA PLAYA**

After Breakfast we will start our unforgettable day in the valley where well will a completely change of the nature beginning on the covered mountains until the inter-Andean spots with a variety of flora and fauna of this area, you will pass very near the Andean Community by ccollpa where we will begin to descend toward the eyebrow of jungle where we see a valley of small formations of thermal waters that follow the course of the River Santa Teresa by hot and humid environment in this area you will feel a micro climate that has been able to take full advantage of the lots of orchids that by their colors and variety have been catalogued by the experts as the most beautiful in the world, we reach our camp at lunch time where we will take lunch, dinner and overnight.

**Day 4: LA PLAYA – HYDRO ELECTRIC POWER – AGUAS CALIENTES**

After breakfast at 7.30 a.m. we will begin our walk going up to the archaeological remains of Llactapata where we will see a pass of 2950 meters above sea level, here we will see some building and rooms of the Incas. Here we will have a view over the mountain of Machu Picchu and other peaks in the area, we will enjoy a free time to relax, we will descend approximately 2 hours towards the hydroelectric plant at 1870 m.a.s.l. after lunch with all the staff of the trek we will take the train that will take us in 45 minutes towards the town of Aguas Calientes 2000 m.a.s.l (optional) you can go to the thermal baths which is at 1.2 kilometers of distance from the town, by the evening we will have dinner and accommodation at hotel.

**Day 5: AGUAS CALIENTES – MACHU PICCHU – CUSCO**

Early in the morning the guide will pick you up from the hotel in order to go by bus to one of the seven wonders of the new world Machupicchu, once there the guide will explain you all the archeological site in a time of 2 hours, after this you will have time to explore the site by your own, in the afternoon you will descent of the archeological site in order to take the train back to Cusco, where our staff will be waiting for you and take you back to your hotel

**Included**

All Transfers

All Meals (Not includes the 1st Breakfast neither the last Lunch).

First aid kit

Full camping equipment – tent kitchen, bedroom, Matt, tent.

Horses to Carry the camping gear and food.

01 night in basic Hostel in Aguas Calientes.

Speaking English Guide.

Bus up and down Aguas Calientes – Machu Picchu – Aguas Calientes.

Train ticket Aguas Calientes/Cusco.

Entrance Fees to Machupicchu.

**Not Included:**

Sleeping bag

Tips

Extra drinks during the trail and the meals .

We recommended to bring:

Sleeping Bag (If you don’t have, ou can rent from our ompany)

Water bottle for the first day until lunch time

Purification tablets for the water (Micropur)

Original Passport in hermetic plastic bag, it can get wet

Mosquito Repelent

Sun cream

Sunglasses

Flashlight

Tablets for altitude sickness (Easily bought in the drugstores in Cusco)

Heavy Clothes (Hat, Scarf, Wind Breaker, Poncho, Gloves)

Hiking Boots

6 pairs of socks (Feet can get wet, is really important to have dry and warm socks)

In the rainy season it is important to have your personal things in plastic bags

Toilet paper

Personal Things

Snacks

Camera + Film

**Note**

In Case Of Passenger Students (With ISIC Card) Has A Discount Of USD $20.00

Prices Subject To Increases (Peru Rail, Inc)

If You Want To Give Hotel Of Your Choice Can Be Deducted The Amount Of $10.00.

Horse Load = 125 Dollars For 4 Days. Weight 20 Kg.

Horse To Ride = 145 $

Daily Departures (From April to November), for the other months, please you’ve to ask in advance in our office about our fix departures

You can book this tour with 50% of the amount, the rest you can pay once you’ll be in Cusco

**9.- SALKANTAY 4D/3N**

**10.-**

**11.- CHOQUEQUIRAO TREK 4 DAYS - CHOQUEQUIRAO THE LOST CITY**

**Description**

Choquequirao is another inka site even more bigger than machupicchu Two miles above the Apurimac Gorge stands the imposing fort and town of Choquequirao. Hiram Bingham the discover of Machupicchu was brought here by a treasure-hunting provincial official, and so unexpectedly began his adventures in the highlands that led to the discovery of Machu Picchu. Bingham wrote: ''Magnificent precipices guard the ruins on every side Every avenue of ascent, except such as the engineers determined to leave open, was closed, and every strategic spot was elaborately fortified.'' Come see the terrifying canyon of the Apurimac (''Thunder under the Mountain'') and the ancient fortress that controlled it.

**Itinerary**

**Day 1 Cusco - Cachorra – Chiquiska**

We pick up to our customer from their hotels at 5:00 Am, and then we will drive to Cachora. Once there we will begin the trekking the first part of the walk will be flat to Capuliyoq.

Where we will have a great view of the Canyon of Apurimac and the great glacier which is name is Padrayoc in the afternoon we will arrive to our camping site where we will have showers and places to get a nice rest

**Day 2 Chiquiska – Santa Rosa – Maranpata – Choquequirao**

We will descend a700 mtrs to the Apurimac river. 30 minutes of walking then, We will start the climbing to Maranpata 3 hours. In this part of the trek the white torrent of the Apurimac raged through the canyon thousands of feet below us. The view of the valley became more and more magnificent. Nowhere had I ever witnessed such beauty and grandeur as was here displayed.

Where its sides were not sheer precipices or scarred by recent avalanches, the steep slopes were covered with green foliage and luxuriant flowers. From the hilltops near us other slopes rose six thousand feet above to glaciers and snow-capped summits. This day we will camp in Choquequirao. By the afternoon we will visit Choquequraw like the most important places, we will have a great view of the glacier and all the deep canyons around the site, after this we will get back to the camp site

**Day 3 Choquequirao - Chiquiska**

We come back to Maranpata, then go down to Chiquiska. We may see Condors or high jungle vegetation. Here and there through the valley are marvelous waterfall, one of which has a clear fall of over one thousand feet.

The panorama in every direction is wonderful in variety, contrast, beauty, and great land scapes. This day we will have the camp in Chiquiska.

**Day 4 Chiquiska – Cachora – Cusco**

This day, we will start climbing the wall to the top of capuliyoc 3 hours from Capuliyoc to Cachora is quiet. In Cachora We will take the bus to Cusco.

Once we re-cross the river, We pass Limatambo, whose ruins may have been the main communication point between Choquequirao and Cusco (Cuzco).

**Included**

• Professional English/Spanish Speaking guide

• Private Bus in and out to the beginning of the trail (Cusco-Cachora,)

• Round-trip Transfers

• Doublés Occupancy Tents

• Camping Equipment: Bathroom tent, kitchen tent, dining tent, stools, tables and comfortable mattresses

• Cook

• Muleteer

• Horses and Mules to carry our equipment

• Coffee breaks in The afternoons

• All meals during The Trek

• First aid kit/Oxygen

• We recommended to bring

• Personal Sleeping Bag (If you don’t have, you can rent from ourcompany)

• Back pack and Daypack

• Hiking shoes or boots

• Water bottle, flashlight, hat, sun block, sunglasses

• Warm/Thermal clothes, Raincoat

• Chocolates, candies or other snacks

• Camera + Film, Binocular

**CUSCO AUSANGATE TREK 6 DAYS**

**Description**

Ausangate trek is a unique hike around the biggest mountain in southern Peru in Cusco, the broad and majestic Ausangate (6384m), and offers glimpses of high altitude wildlife and pastoral people living with their animals, quietly apart from the turmoil of the modern world. We pass ice walls, a glacier, the cascades of a frozen river, and numerous springs of hot and medicinal underground water.

The mountaineer will also find lovely views over the surrounding countryside, looking down into fertile valleys and across to the Vilcanota Mountains. These snow covered ranges are away to the east, the southeast, then the south, protecting the valley of Canchis. From these high mountains, cold waters whisper through totora swamps south toTiticaca Lake.

**Itinerary**

**Day 1 Cusco - Tinki**

We take the bus for 100 km to the southeast from Cusco in the morning. The road passes north of Ausangate, and we leave the road a bit west of the mountain. We camp in Tinqui at 3,800. As we fall asleep the setting sun lights up the glacier on the NW face of Ausangate.

**Day 2 Tinqui - Upis**

We break camp and hike up to the Ausangate glacier. We set up camp alongside the Upis thermal springs, about 4 kilometers higher. We bathe in the hot springs and the cold Upismayo, which is the head of the river Madre de Dios that in going to the Manu Park it runs beside our camp.

**Day 3 Upis - Pucacocha – Ausangate Cocha**

After breakfast we will start our kike going to the NW side of the Ausangate we will pass our first high Pass which is name is Arapa Apacheta, just turnig this pass we will see a lot of lakes, one of them very dark this is because is very deep, and the other three are very nice colors like torques blue intense the name of this lake is Pucacocha, where we will have our lunch, with a great view of the Ausangate and the avalanches, by the afternoon we will pass our second Pass which is name is Ausangate Pass from here you will see a beatifuly picks and great valleys in the afternoon we will descent to the Ausangate Lake where will be the third capming site.

**Day 4 Ausangate Cocha – Palomani – Jhampa**

After breakfasta we will start climbing the hights pass of the trek the mountain which is known as Palomani this is over the 5350 Mtrs above the sea level, here you can feel to be over the world and feel the sky almost near of your hands, after a small break we will start to decent straight to the valley of Phinaya which is a very nice place where the people are experiment ting to have the camellones this is a very ancient tecnics to protect the agriculture from the freeze nights, after the lunch we will climb a little bit to a small valley where you can see the mountains and the glaciar around the Ausangate, our camping site will be at Jhampa a very small place with a great view from the great pick of the andes

**Day 5 Jhampa – Qhampa Pass – Pajchanta**

We will have a great awake because the sun will get us first with a great view from the glaciar, after breakfast we will start hiking to the last pass of the trek which is name is Qhampa over 4900 Mtrs over the sea level, after this pass we will descent to ninaparayoc here we will see beautiful lakes some of them are very mystical according the locals, after the lunch we will still going down until the places which is name is Pacchanta where we will find nice hot springs and enjoy the bath always under the attentive view of the Ausangante Mountain, this night you will have the chance to share a last dinner with the staff who were always with us

**Day 6 Pacchanta – Tinki – Cusco**

After a nice evening with a nice bath in the hot springs of Pacchanta, we will start our way back to Tinki where our bus will wait for us and take us back to Cusco, we will have the options to make a Pachamanca (lamb cokked under the floar with rock as the same was did by the ancient people) this will be with previous concerning with the guide or the company, it will be an extra beside the payment, we will get Cusco around 2 or 3 in the afternoon great day to rest in the city

**Included**

• Private service

• Professional English/Spanish Speaking guide

• Private Bus in and out to the beginning of the trail (Cusco-Tinki, Tinki-Cusco)

• Round-trip Transfers

• Doubles Occupancy Tents

• Camping Equipment: Bathroom tent, kitchen tent, dining tent, stools, tables and comfortable mattresses

• Cook/Muleteer

• Horses and Mules to carry our equipment.

• Coffee breaks in the afternoons

• All meals during the Trek

• First Aid kit/Oxygen

**We recommended to bring:**

• Personal Sleeping Bag (If you don’t have, you can rent from our company y)

• Back pack and Daypack

• Hiking shoes or snow boots

• Winter coat and poncho

• Water bottle, flashlight, hat, sun block, sunglasses

• Warm/Thermal clothes

• Chocolates, candies or other snacks

• Camera + Film

**ESPIRITU PAMPA LAST INCAS TOWN TREK 10 DAYS**

**Description**

After the conquest of Peru, the Inca and his most loyal followers maintained their religion, traditions and state in Vilcabamba in Cusco (Cuzco).

Known for the highway banditry and infuriating diplomacy of the inhabitants, Vilcabamba became the Sherwood Forest of early colonial Peru until in 1572, when it was penetrated and the Inca captured and killed. We trace a series of important ruined forts chronicled during the extirpation of the Incas, but not located nor excavated until quite recently.

**Itinerary**

**Day 01 Cusco (Cuzco)- Chaullay – Huancacalle**

We leave Cusco (Cuzco) by our private van at 6:20 in the morning. The Malaga pass is 4,200 metres high. In about five hours we reach Chaullay, at the mouth of the Vilcabamba River on the Urubamba, at 1890 masl. From here we take a truck to Huancacalle, which will take about three hours. We are now at about 3000 m.a.s.l.

**Day 2 Huancacalle walking tour of Vitcos.**

Today we see the ruins a top Rosas Pata, the most important of which is Vitcos. We return at night.

**Day 3 Huancacalle - Qollpaqasa**

Today We climb 17 km, over the pass called Qollpaqasa, and camp on the other side. We are now at about 3700 masl.

**Day 4 Ututo**

From today we will be descending along the Consevidayoc River. Today we hike 12 km. We pass Maukachaka and then Pampaconas. In Ututo good fishing awaits us.

**Day 5 Into the jungle to Vista Alegre**

After only an hour or so out this morning we pass from the high Andean vegetation into a zone of high jungle. We hike 12 km. We hike 17 km today.

**Day 6 Concebidayoc**

We hike 17 km today.

**Day 7 Espiritu Pampa, the Ruined City and stronghold**

We hike 8 km heading to the west, until we reach Espiritu Pampa in Cusco (Cuzco), a natural overlook, situated in the triangle between the Pampaconas and Chomtabamba rivers and the base of a mountain. Here we find the Rumichaca, a lovely Inca bridge. After a guided tour, we camp in Chotabamba, Espiritu Pampa.

**Day 8 Chiwankiri**

We hike the length of the steamy Espiritu Pampa valley, some 15 km, to the road below.

**Day 9 Back to Quillabamba**

We take a bus for seven hours to the town of Quillabamba.

**Day 10 Back to Cusco (Cuzco)**

We take the bus back to Cusco (Cuzco) from Quillabamba.

**Included**

• Private service

• Professional English/Spanish speaking guide

• Transport from Cusco to Huancacalle and from Quillabamba to Cusco

• Lodging in Quillabamba

• Double Occupancy Tents

• Camping Equipment: Bathroom tent, kitchen tent, dining tent, chairs, tables and comfortable mattresses

• One saddle horse for each passenger

• Horses to carry our equipment

• Muleteer and Cook

• Porters to carry food, tents and cooking gear

• Coffee breaks in the afternoons

• All meals (whenever we are not in a city)

• First aid kit

**We recommended to bring:**

• Personal Sleeping Bag (If you don’t have, you can rent from our company)

• Backpack and Daypack

• Hiking shoes or boots

• Raincoat or poncho

• Water bottle, flashlight, hat, sun block, sunglasses

• Warm clothes, Light clothes, 4 extra pairs of socks

• Insect repellent

• Chocolates, candies or other snacks

• Camera + Film/Video camera (optional)

**M) LARES VALLEY TREK 4 DAYS.**

**Description**

Lares is the name of a small town on the highlands north of Cusco. We also call the nice trek there the Lares trek. We begin in the Sacred Valley of the Incas in Huaran and ascend down a narrow valley, where you will have the opportunity to see thatched stone houses surrounded by herds of llamas and alpacas. Inside the houses you will see guinea pigs running loose.

The Lares valley trek is moderate, we can compare it with the Inca Trail to Machupicchu, in the fact that we have two high passes of 4.000 m.a.s.l or 13,200 ft to. We recommend that our guests plan to spend 2 or 3 days in Cusco (3,300 masl or 10,890 ft) before the tour.

**Itinerary**

**Day 1 Cusco - Cancha Cancha**

Early in the morning We pick our passengers up from their hotels and travel in our private bus to Huaran (2,760 masl or 9108 ft), a small village located in the Urubamba Valley(The Sacred Valley of the Incas), east of Pisac. Once there, we will start our trek, heading up a narrow valley, looking at the scenery and enjoying the nature in this area. After 5 hours of walking, We will arrive at Cancha Cancha (3,700 masl or 12,210 ft.), our campsite for the first night in Laresvalley trek.

**Day 2 Cancha Cancha – Quisuarani**

After breakfast, We will continue up the valley, crossing the Pachacutec Pass (4,400 masl or 14,000ft), where we can see Lake Pachacutec and Mount Pitusiray. In the afternoon we will arrive at Quisuarani (3,700 masl or 12,000 ft.), the next campsite in Lares trek.

**Day 3 Quisuarani - Lares Hot Springs**

In the morning after cleaning up the campsite, We will continue our trek, passing through the 2nd high pass of Huillquiqasa (4,200 masl or 13,440 ft). At this point We will be only 3 hours from the village of Quisuarani. In the afternoon we will continue walking on this beautiful narrow trail, looking at the great landscape with turquoise lagoons, until we reach the village of Cuncani (3,750 masl. or 12,000 ft.). After this we continue descending close to the Lares River, until the Hot Springs of Lares, and our campsite near the thermal pools.

**Day 4 Lares – Cusco**

We have until the late morning to enjoy the thermal pools, after which We will take our private bus back to Cusco, and arriving there in the afternoon.

**Included**

• Professional English/Spanish Speaking guide

• Private Bus in and out to the beginning of the trail

• Round-trip Transfers

• Doubles Occupancy Tents

• Camping Equipment: Bathroom tent, kitchen tent, dining tent, stools, tables and comfortable mattresses

• Cook/Muleteer

• Horses and Mules to carry our equipment

• Coffee breaks in the afternoons

• All meals during the trek

• First Aid kit/Oxygen

• We recommended to bring:

• Personal Sleeping Bag (If you don’t have, please, see our camping equipment Web)

• Backpack and Daypack

• Hiking shoes or boots

• Raincoat/poncho

• Water bottle, flashlight, hat, sun block, sunglasses

• Warm/Thermal clothes

• Chocolates, candies or other snacks

• Camera + Film, Binoculars

• Prices

**N) LARES - OLLANTAYTAMBO - MACHU PICCHU TREK 4 DAYS**

**Description**

Lares - Ollantaytambo - Machu Picchu trek, Combine the best of the Lares Valley and the fascinating Inca archeological remains of Ollantaytambo and Machu Picchu. Our first stop is the colonial town of Lares, there, we can enjoy the hot springs before begin our four-day trek through the spectacular Urubamba Range.

Each day is reasonably paced with enough time to enjoy the wonderful scenery, appreciating the life of the Andean farmers. On the fourth day we reach the legendary Inca town of Ollantaytambo, Next, we will take the short train ride to the Machu Picchu Sanctuary, one of the world’s most beautiful and important archeological remains.

**Itinerary**

**Day 1: Cusco - Lares Hot Springs – Huacawasi**

We will leave Cusco towards Lares at about 5:00 am by bus. We stop in calca wichs is in the sacred valley During this trip we will pass several archeological sites and handcraft. We will first head for the Huanca ccasa pass (4400m/14436f) and then descend to Lares hot springs (3200m/ 10499f). Here we will have some time to relax in the pools of between 28 and 36 degrees Cº/82 and 97 degrees F. After lunch, we will continue our journey towards Huacawasi 3 horas walk (3600m/11811f), where our camping site is situated.

**Day 2: Waca Wasi – Ipsay pass – Patacancha**

The second day is the most beautiful one. After breakfast, we will start a 4-hours hike up to the Ipsay pass (4400m/14436f). Up there, we will visit some families that live from agriculture and textile design, inspired by their Andean gods. Thereafter, we will head down to the village of Patacancha (3650m/11975f), our camping site.

**Day 3: Patacancha – Willoq – Pumamarca – Ollantaytambo – Aguas Calientes**

This day we will visit several communities and indigenous towns such as Willoq (3400m/11156f),Pumamarca (3200m/10499f) and Ollantaytambo (2850m/9350f), whereas the latter is considered to be the last citadel of the Incas, constructed according to Incan architecture. From Ollantaytambo we will take the train to Aguas Calientes (2050m/6726f), where we will spend the night in a hotel in aguas calientes.

**Day 4: Aguas Calientes – Machu Picchu – Cusco**

We will leave our hotel after breakfast at 5:30 am and head for Machu Picchu (2400m/7874f) by tourist bus. We will arrive at the citadel around 6:00 am. After a guided tour around the archeological site, including information about life and culture of the Incas, you will have enough time to enjoy Machu Picchu on your own. We will leave Aguas Calientes by train either at 2:55 pm or at 6:10 pm. Until then, you will have time to have lunch in one of the nice restaurants. Moreover, you can visit the hot springs in Aguas Calientes to relax.

**Included**

• Transport

• Transport from the hotel to Valle de Lares

• Tourist train from Ollantaytambo to Aguas Calientes

• Bus from Aguas Calientes to Machu Picchu

• Tourist train from Aguas Calientes to to Ollantaytambo and bus to Cusco

• Entrance to the thermal baths in the Valle de Lares

• Entrance to the sanctuary of Machu Picchu

• Hotel with private room and bathroom in Aguas Calientes

• Professional bilingual guide (Spanish and English)

• High quality camping equipment (professional tents Doite, Cima 4, extra light/4.5kgs for 2 persons. Mattresses, eating tent with table and chairs, bathroom tent).

• Meals during the excursion (Breakfast, lunch, dinner and snacks/Option vegetarian)

• Cook and cooking equipment

• Horseman and mules, for all camping and personal equipment (up to 7 kg)

• Emergencia horse (minimum 2 persons)

• First-aid kit, oxygen bottle and safety rope

**Not includes:**

• Breakfast on the first day and last lunch in Aguas Calientes

• Sleeping bag (if you don`t have a sleeping bag, you can rent from our company)

• Bus to get down from Machu Picchu to Aguas Calientes for 9 U.S. dollars or you has the option to walk down which takes about 1 hour.

**We recommended to bring:**

• Personal Sleeping Bag (If you don’t have, please, see our camping equipment Web)

• Flash Light

• Warm and Rain Clothes

• Trekking Boots

• Hat, Cap.

• Personal First Aid Kit

• Bottle of Water

• Day Pack

• Sunscreen, Insect Repellent

• 05 Pairs of Socks

• Bathing suit and towel

**Ñ) MACHU PICCHU INCA JUNGLE TREK 4 DAYS**

**Description**

Machu Picchu Inca Jungle is a new Combination, between a Down Hill Mountain Bike Tour and a Jungle Trekking to Machupicchu, also you can do many activities just in one trek.

**Itinerary**

**Day 01: Cusco (Cuzco) - Santa Maria**

At Our private Van will take our passengers from their hotels, then We will begin to drive, passing the Sacred Valley and climbing until the Malaga High Pass 4,500 masl or 1,4850 Ft, there, our guide will bring a safety chat, and then, We will start to drive down to the Jungle, the Inca Jungle, our Mountain Bikes, in the afternoon, We will arrive to Santa Maria, a Jungle Village(1,500 masl. or 4,950 Ft.), overnight in basic accommodation.

\* optional River Rafting not included in the pice.

When we get santa maria ,the rafting guide will be waiting ready to start a new adventure .this exciting journey will start in Santa Maria bridge, doing a journey of 2 hours through the Vilcanota Sacred River, there we will see beautiful landscapes, finding rapids of nomination 3 and 4 (dry season) becoming then a very exciting and awesome journey, here we will always have a safety kayak, to provide the security we need. Once the journey is done, a bus will be waiting for us to go back to Santa Maria where we will have dinner and spend our first night in a local family house.

The rapids in this part of the river are considered some of the best in Cusco and the warm weather makes this tour and unforgettable experience.

**Day 02: Santa Maria - Santa Teresa**

Today we will wake up at 06:00 Am after breakfast we will start walking by the river side in trail where we will see a lot of plants form the jungle, like fruits and many coca plants coffee plants, and a lot of Mangos and Chocolate it will be like the paradise, after of two hours of walk we will start to climb the small mountain where we can find an Inca Trail that has more than 2 Kilometers after a nice and an interesting explanation from the guide we will continue in our way and we will start going down ‘till the river side again where we will have a nice lunch between trees and rest in hammocks after an hours of rest we will still on the trail going to Santa Teresa, which is located at two more hours from the lunch place, there we can find the hot springs where we can have nice bath before to get our hotel in Santa Teresa, once in the town we will have a basic accommodation.

**Day 03: Santa Teresa - Machupicchu**

We will be in Santa Teresa at 1,900 masl. or 6,270 ft., We will walk for about three hours before lunch our trail will be in the river side going by a small canyon where we can see some waterfalls and the warm and hummed from the temperature will be a great company once in the hydroelectric power we will have the lunch and we will rest for a while, after that we will continue by the rail truck by three more hour until Aguas Calientes, accommodations, the dinner will be in a restaurant and we can have chance to go to the hot springs too (entrance not included).

\* optional zip line in Santa Teresa

**Day 04: Machupicchu - Cusco**

This day, early in the morning, We will begin to walk to Machupicchu archaeological site, once there, we will visit this old Village with our professional guide. In the afternoon, We will go down to Aguas Calientes, to take our train back to Cusco, arriving there at 10 pm. Approximately.

**Included**

• Professional Speaking English guide

• Mountain bike Equipment (Bicycles, Helmet and Gloves)

• Entrance fees to Machupicchu

• Train ticket Aguas Calientes, back to Cusco

• All meals

• Basic accommodation

• Hotel In Aguas Calientes (Doubles Occupancy Rooms)

• Prívate Transportation

• Not Included: The 1st Breakfast and the meals once we Arrive to Aguas Calientes

**We recommended to bring:**

• Sun Cream

• Insect Repellent

• Bottle of Water

• Hat

• Towel

• Short Pants

• Trekking Shoes

• Personal Belongings

• Rain Coat

• Bathing Suit

• Snacks

• Some Extra Money (hot Springs in Aguas Calientes and/or Some Drinks)

Daily Departures (From April to November), for the other months, please you’ve to ask in advance in our office about our fix departures.

Note: You can book this tour with 50% of the amount, the rest you can pay once you’ll be in Cusco.

**O) SALKANTAY MACHU PICCHU TREK 5**

**Description**

This is a nice option for visitors who want to do a new 5 day trek to Machupicchu instead of the Inca Trail, because it can be hard to find places available on the Inca Trail to Machu Picchu.

**Itinerary**

**DAY 1: CUSCO - MOLLEPATA – SORAYPAMPA**

Very early we will leave Cusco, passing through the towns of Izcuchaca and Limatambo and after 3 hours of journey from Cusco we reach Mollepata. After a great breakfast we began our long and very beautiful hike up the area known as Silcacancha, where will wait our great lunch. After a short break, we will continue between green and beautiful landscapes to Soraypampa place where we will spend the first night about 3,950 m.a.s.l.

**Day 2: SORAYPAMPA - CHAULLAY**

After a delicious breakfast. We will start the hike going up to the pass, a great walk full of adventures that we will cross the place which is called Salcantay Pampa until you reach the highest point of the pass of the Salcantay as well the Umantay Glacier located over 4,650 meters from where we can appreciate all the Majesty of the area. After a rest we will continue our tour to Huayrac machay where we will have a well-deserved rest and lunch here there is an indescribable view of the place then we will continue until our second camp in the area of Chaullay, where we will have dinner and overnight.

**Day 3: CHAULLAY - LA PLAYA**

After Breakfast we will start our unforgettable day in the valley where well will a completely change of the nature beginning on the covered mountains until the inter-Andean spots with a variety of flora and fauna of this area, you will pass very near the Andean Community by ccollpa where we will begin to descend toward the eyebrow of jungle where we see a valley of small formations of thermal waters that follow the course of the River Santa Teresa by hot and humid environment in this area you will feel a micro climate that has been able to take full advantage of the lots of orchids that by their colors and variety have been catalogued by the experts as the most beautiful in the world, we reach our camp at lunch time where we will take lunch, dinner and overnight.

**Day 4: LA PLAYA - HYDRO ELECTRIC POWER - AGUAS CALIENTES**

After breakfast at 7.30 a.m. we will begin our walk going up to the archaeological remains of Llactapata where we will see a pass of 2950 meters above sea level, here we will see some building and rooms of the Incas. Here we will have a view over the mountain of Machu Picchu and other peaks in the area, we will enjoy a free time to relax, we will descend approximately 2 hours towards the hydroelectric plant at 1870 m.a.s.l. after lunch with all the staff of the trek we will take the train that will take us in 45 minutes towards the town of Aguas Calientes 2000 m.a.s.l (optional) you can go to the thermal baths which is at 1.2 kilometers of distance from the town, by the evening we will have dinner and accommodation at hotel.

**Day 5: AGUAS CALIENTES - MACHU PICCHU – CUSCO**

Early in the morning the guide will pick you up from the hotel in order to go by bus to one of the seven wonders of the new world Machupicchu, once there the guide will explain you all the archeological site in a time of 2 hours, after this you will have time to explore the site by your own, in the afternoon you will descent of the archeological site in order to take the train back to Cusco, where our staff will be waiting for you and take you back to your hotel

**Included**

• All Transfers

• All Meals (Not includes the 1st Breakfast neither the last Lunch).

• First aid kit

• Full camping equipment – tent kitchen, bedroom, Matt, tent.

• Horses to Carry the camping gear and food.

• 01 night in basic Hostel in Aguas Calientes.

• Speaking English Guide.

• Bus up and down Aguas Calientes - Machu Picchu - Aguas Calientes.

• Train ticket Aguas Calientes/Cusco.

• Entrance Fees to Machupicchu.

**Not Included:**

• Sleeping bag

• Tips

• Extra drinks during the trail and the meals .

**We recommended to bring:**

• Sleeping Bag (If you don’t have, ou can rent from our ompany)

• Water bottle for the first day until lunch time

• Purification tablets for the water (Micropur)

• Original Passport in hermetic plastic bag, it can get wet

• Mosquito Repelent

• Sun cream

• Sunglasses

• Flashlight

• Tablets for altitude sickness (Easily bought in the drugstores in Cusco)

• Heavy Clothes (Hat, Scarf, Wind Breaker, Poncho, Gloves)

• Hiking Boots

• 6 pairs of socks (Feet can get wet, is really important to have dry and warm socks)

• In the rainy season it is important to have your personal things in plastic bags

• Toilet paper

• Personal Things

• Snacks

• Camera + Film

**Note**

• In Case Of Passenger Students (With ISIC Card) Has A Discount Of USD $20.00

• Prices Subject To Increases (Peru Rail, Inc)

• If You Want To Give Hotel Of Your Choice Can Be Deducted The Amount Of $10.00.

• Horse Load = 125 Dollars For 4 Days. Weight 20 Kg.

• Horse To Ride = 145 $

Daily Departures (From April to November), for the other months, please you’ve to ask in advance in our office about our fix departures

You can book this tour with 50% of the amount, the rest you can pay once you’ll be in Cusco

**P) CHOQUEQUIRAO MACHU PICCHU TREK 8 DAYS**

**Description**

Choquequirao Machupicchu trek is a great hike that is connecting the two most important archeological sites in the Cusco Region, peru trek expeditions , will take you to this Inca City of Choquequirao and after 5 days you will visit Machupicchu, in a wonderful trek where you will pass by many of the environment that Peru has , during this hike you will enjoy and admire the Apurimac Valley near of Choquequirao, and the fantastic Urubamba Valley near of Machupicchu,we will find many altitude levels, landscapes and the variety of Plants and Animals even passing by the glaciers in the Vilcabamba andean group of mountains, where we can have a great views to the Salcantay Mountain and the pumasillo mountain which is the most beautiful ones in Cusco.

**Itinerary**

**Day 01: CUSCO - CACHORA – CHIQUISKA**

In the morning We will pick our customers up from their hotels, then we will travel to Cachora (4 hours aprox., by our private van), where we will meet our muleteer and horses, there we will pack all our equipment in the horses, then we will start the hike, the first part will be flat until Capuliyoc where we can see the deep Apurimac Canyon and the glacier which is name is Padrayoc, after a small explanation we will start going down to the canyon after 3 hrs of hike down we will get to our first camping site in Chikiska

**Day 02: CHIKISKA - PLAYA ROSALINA - CHOQUEQUIRAO**

Early in the morning, we will have breakfast, then, we will start walking this day the first part will be way down until Playa Rosalina after that we will start our way uphill through a long and narrow trail, arriving Choquequirao, in the afternoon then, We will visit the Archaeological site of Choquequirao.

The view of the canyon is spectacular; it is also possible to see Andean Condors soaring in the mountains. Campsite near to chochequirao.

**Day 03: CHOQUEQUIRAO - MAIZAL**

This day we will begin walking uphill for a while until been at 3,300 m.a.s.l. Or 10,890 Ft, then we will descend until White River (1900 masl. Or 6,270 Ft.) On the way we will pass by Pinchiunuyoj archaeological site.

There, we will observe different species of birds, different varieties of orquids, and local coca plantations , From Rio Blanco (White river), we will climb up to Maizal (3,000 m,a,s,l. Or 9,900 Ft.) For about 3 hrs. Campsite at maizal

**Day 04: MAIZAL - YANAMA**

This morning, we will start walking uphill passing by the impressive Inca mines called Mina Victoria. Almost on the top, we can appreciate original paved Inca trails. We will pass over (4,150 masl. Or 13,695 Ft.) and finally descend to our campsite in Yanama (3,800 m.a.s.l. Or 12,540 Ft).

**Day 05: YANAMA - TOTORA**

After an early breakfast, we will start climbing slowly to our higher pass in the entire trail (4,670 masl. Or 15,410 Ft.), again the view will be amazing from here, we will be surrounded by snowcapped mountains: The Sacsarayoj mountain and the Padreyoj mountain. After a small stop we will start descending to the valley of Totora where we will have our lunch them we will go straight to our Campsite near of the little village in Totora at 3,630 masl. Or 11,979 Ft.

**Day 06: TOTORA – PLAYA or to SANTA TERESA**

Today we will start getting down to the small valley which is name is Colpapampa and then we will fallow the river which is name is Santa Teresa, this day also we will see a lot of wildlife like wood pickers and lot of hummingbirds, after a nice hike along the Valley we will get to la Playa a small village where we can have the chance to have the camp site or to take the truck to Santa Teresa, where we can find some hot springs camping site

**Day 07: PLAYA or SANTA TERESA - AGUAS CALIENTES**

If we start from La Playa This day, we will walk to our last uphill, until 2,810 masl. Or 9,273 Ft., to arrive there, we will take around 3 hours; from here we will have an excellent view of the lost Incas city of Machu Picchu. After a good rest, we will go down to the hydroelectric plant on the Urubamba River, from here, depending on the time, we will walk and/or take the train to Aguas Calientes, Night in a Hotel.

If we start from Santa Teresa we will start hiking by the river band where we can see lots of wildlife and have the chance to see 2 nice waterfalls along the trail, arriving to Hydroelectric power and after lunch we will continue hiking by the rail truck by three hours to Aguas Calientes where we will have a nice accommodation

**Day 08: MACHU PICCHU – CUSCO.**

After breakfast we will take the bus to Machu Picchu, there, we will have a guided tour for all the Archaeological Site, then We will have free time to be by our own in Machupicchu. In the afternoon , we will take the train from Aguas alientes back to Cusco.

**Included**

• Professional Speaking English Guide

• Private Transportation until Cachora (The beginning of the Trail)

• Cook

• All meals during the trek until arriving in Aguas Calientes (vegetarian options available, except the 1st Breakfast )

• Complete Camping Equipment (Double Occupancy tents, Dining Tent, Kitchen Tent, Toilet tent)

• Tables and Chairs

• Mattress

• Horses, to carry all the equipment

• Extra horses for the clients in case of emergency

• Entrance Fees

• All Transfers

• Tourist Train ticket from Aguas Calientes to Cusco.

• 1 Night in a Hotel in Aguas Calientes breakfast included

**We recommended to bring:**

• Personal Sleeping Bag (If you don’t have, you cant rent from our company)

• Bottle of Water (our cook won’t give us water until lunch time)

• Purification Tablets

• Original passport in a plastic bag

• Back pack and Daypack

• Hiking shoes or boots

• Raincoat or poncho

• Water bottle, flashlight, hat, sun block, sunglasses

• Warm clothes, Light clothes, 4 pairs of socks

• Insect repellent

• Tablets for the altitude Sickness (We can find it easy in the Cusco Pharmacies, we hardly recommended the Coramina)

• 06 Extra pairs of Socks (In case those get wet, all time is important have our feet warm and dry enough)

• Extra plastic bags, to maintain our equipment dry during the rain season

• Chocolates, candies or other snacks

• Photo Camera

• Prices

**Rafting and water adventures**

The Andes is the perfect place to do river rafting Peru trek expeditions offers a range of possibilities, Since rafting in Urubamba and Apurimac rivers which are the longest rivers in Peru.

**JUNGLE TOURS**

* 1. **MANU NATIONAL PARK JUNGLE TOUR**

**Description**

The Manu National Park, located in the southeastern part of Peru (between the Cusco and Madre de Dios regions) Is one of the largest tropical parks in South America. The park extends from the highlands to the jungle. It covers 2 million hectares (4.5 million acres), and the territory is rich in flora and fauna with a huge variety of habitats including the high Andes, the cloud forests, and the lowland tropical rain forests.

In 1977, Manu National Park was designated as a World Biosphere Reserve since it shelters the best existing example of biodiversity in a protected rain forest area, as well as in the cloud forest endemic areas. Here we can observe the Giant Otters (Pteronura brasiliensis), the Black Caiman (Melanosuchus niger), the majestic Jaguar (Panthera onca), the strange Spectacled Bear (Tremarctos ornatus), the Tapir (Tapirus terrestris), the Ocelot (Felis pardalis), as well as, 13 different species of primates, and an estimated one thousand species of birds including seven species of Macaws.

At the same time, 10% of the world's vascular plant species, including several species of figs and palms, and countless species of medicinal plants, which are currently being catalogued by scientists, grow in Manu National Park.

A single hectare of forest in Manu can hold up to 220 species of trees, while a hectare of temperate forest in Europe or North America may only hold 20 tree species. Manu National Park may be the most biologically diverse and protected park on the planet.

**Itinerary**

**DAY 01: CUSCO- SAN PEDRO LODGE**

We leave Cusco early in the morning in one of our vehicles. Approximately midmorning We visit the interesting tombs of Ninamarca, commonly known as “Chullpas”. We Continue to Paucartambo, a picturesque Spanish colonial town, and then to the Acjanaco Pass, which marks the beginning of the Cultural Zone of Manu Biosphere Reserve. Here, A thick cloak of clouds provides perpetual humidity and makes an ideal habitat for Epiphytic plants such as bromeliads.

This varied and fascinating world is home of the Cock of the Rock, Spectacled Bear, Orchids, Tree Ferns (one of the oldest living plants), Mosses and lichens. This cloud forest exists between 2,000 and 3,500 m.a.s.l. and at Least 50% of the plant species found here are endemic to this region. Overnight in our “San Pedro Lodge”.

**DAY 02: SAN PEDRO LODGE- ERIKA LODGE**

Today we wake up very early to observe the Cock of the Rock (Rupicola Peruviana), Peru’s national bird from a platform.

The male birds are vibrant reddish Orange, and as many as several dozen come together for an exhibition of a mating ritual Dance in a place called Lek. The males display their crest, showing off and posturing for The females.

The females, fewer in number, watch to select the most suitable males.

After breakfast we continue in our vehicle down the narrow road between waterfalls and Canyons toward the town of Pilcopata (\*1) and then to Atalaya Port. Here we board our Covered, outboard motor boat and head down the Alto Madre de Dios River for Approximately 15 minutes toward our private reserve and comfortable / rustic Lodge

\*1 Free Option: Here in Pilcopata town we will make the final settings for a 1½ hour River rafting (class I and II) trip down the Koshñipata River where we will have the Opportunity for a dip and of course enjoy the spectacular view of the Koñeq Canyon.

**DAY 03: LODGE**

Our Lodge is located in a transition zone between high and low jungle (600 M.a.s.l. to 1,150 m.a.s.l), encompassing different habitats. This altitude range explains The high diversity of wildlife found around this lodge, so immediately after breakfast, we Will start walking near the riverbanks, during the hike our guide will talk about insects, Medicinal plants, trees, reptiles, mammals, etc.

This afternoon we board our boat, and After five minutes, we will walk for another 30 minutes approximately though a very nice trail to observe and talk about the interesting flora fond such as sensitive plants, Heliconias, fruit plantations, etc. until we arrive to Machuwasi Lake where with the help of a telescope we can observe great egrets, tucanets, carpenters, Keskadees, cardinals, etc.

Short night walk to observe American bullfrogs, horned frogs, tree frogs and an incredible Variety of insects.

\*3 Free Option: Canopy Zip Down: At our Lodge, our guests traverse from tree to Tree and platform to platform using pulleys on horizontal traverse cables zip lines), as They sail through the treetops of the tropical rainforest canopy, and over the trails far Below. Expert guides assist you in this exciting journey through the different layers of the Rain forests and explain what’s going on around you from the time you leave the ground, Until you rappel back down to the forest floor.

**DAY 04:LODGE - CUSCO**

This day we will get up very early to board our boat again for only five minutes Down river to our Parrot clay Lick called “Collpa” on the riverbanks, where many species Of parrots such as the blue headed parrot, white-eyed parakeet, feed for mineral and salt Supplements to their diet of seeds and fruits.

Immediately we continue to Atalaya Port Where the bus will drive us back to Cusco city, arriving late in the evening.

**Includes**

• Professional Speaking English Guide

• 01 night at San Pedro Lodge

• 02 nights in our Lodge in the low Jungle

• All meals(vegetarian Option Available)

• First Aid Kit

• All river and land transportation

**Not included:**

• The breakfast and mineral water, only for theFirst day.

• Some kind of drinks such as beers or sodas.

• Tips and the last dinner.

**We Recommend to Bring:**

• Binoculars

• Camera

• Warm clothing (in case of a cold front), long sleeve shirts and long pants (cotton)

• Wide brim hat and sun glasses for sunny days

• 100% waterproof rain gear (long poncho or rain wear)

• Insect repellent (at least 35% DEET)

• Sunscreen lotion

• Hiking shoes and sandals

• Flashlight, enough batteries (alkaline) and bulbs

• Towel, swimming suit

• Personal medicines and/or supplies (liquid for contact lenses for example)

• One day pack and one back pack or duffel bag of luggage.

**Price**

* 1. **MANU NATIONAL PARK 3 DAYS TOUR**

**Day 01:**

We leave Cusco early in the morning in one of our vehicles. Approximately mid-morning we visit the interesting tombs of Ninamarca, commonly known as “Chullpas”. We continue to Paucartambo, a picturesque Spanish colonial town, and then to the Acjanacu pass, which marks the beginning of the Cultural Zone of Manu Biosphere Reserve. Here, a thick cloak of clouds provides perpetual humidity and makes an ideal habitat for epiphytic plants such as bromeliads. This varied and fascinating world is home of the Cock of the Rock, Spectacled Bear, Orchids, Tree Ferns (one of the oldest living plants), mosses and lichens. This cloud forest exists between 2,000 and 3,500 m.a.s.l. and at least 50% of the plant species found here are endemic to this region. We have lunch on the way with a spectacular view overnight at our “Orquídeas de San Pedro Lodge”.

Day 02:

Today we wake up very early to observe the Cock of the Rock (Rupicola peruviana), Peru’s national bird from a platform. The male birds are a vibrant reddish orange, and as many as several dozen come together for an exhibition of a mating ritual dance in a place called Lek. The males display their crest, showing off and posturing for the females. The females, fewer in number, watch to select the most suitable males. After breakfast we continue in our vehicle down the narrow road between waterfalls and canyons toward the town of Pilcopata (\*1) and then to Atalaya Port where we have lunch, here we board our covered, outboard motor boat and head down the Alto Madre de Dios River for approximately 40 minutes toward our private a comfortable / rustic lodge owned also by Manu Adventuras where we will hike through the interesting trail system that this transitional area between high and low jungle offers. Overnight at the lodge.

\*1 Free Option: Here in Pilcopata town we will make the final settings for a 1 ½ river rafting (class I and II) trip down the Koshñipata River where we will have the opportunity for a dip and of course enjoy the spectacular view of theKoñeq Canyon. Continuing down the Alto Madre de Dios River to Eric Lodge

DAY 03:

This day we will get up very early to board our boat and after five minutes arrive to a Parrot clay Lick called “Collpa” on the riverbanks, where many species of parrots such as the blue headed parrot, white-eyed parakeet, feed for mineral and salt supplements to their diet of seeds and fruits. After that will visit a small lake near to the Alto Madre de DiosRiver, here we are going to have the chance to see the Hoatzin, a primitive bird, white caimans, many species of birds, insects, etc immediately after we return to Eric Lodge have breakfast the we take the boat to continue to Atalayawhere the bus will drive us to Cusco city, We have lunch on the way arriving late in the afternoon.

**IMPORTANT**

Manu National Park is not endemic area about Malaria neither Yellow fever you can bring **Things that are not included:**

• The breakfast and mineral water

• only for the first day

• some kind of drinks such as beers or sodas

• tips and the last dinner.

**Things you should bring along on a trip to Manu**

• Binoculars

• Warm clothing (in case of a cold front), long sleeve shirts and long pants (cotton)

• 100% waterproof rain gear (long poncho or rain wear)

• Insect repellent (at least 50% Deet), sunscreen lotion

• One pair of lightweight ankle height boots and sandals

• Flashlight, enough batteries (alkaline) and bulbs

• Wide brim hat and sun glasses for sunny days

• Towel for all the tour

• Swimming suit personal medicines and/or supplies (liquid for contact lenses for example)

• A day pack and one back pack or duffel bag of luggage per person

• Camera and films (ASA 200 and 400 for the inner forest)

• One bottle of water for the first day, plastic bags.